

**NEED SOMEONE  
TO TALK TO?**

**CONTACT  
YOUR CLUB'S  
WELFARE  
OFFICER**

Name:

Tel:

Email:

If you are unable to contact your club's Welfare Officer and it is essential you get immediate help/advice call the NSPCC 24hour Helpline for advice on: **0808 800 5000** or contact the Police or your local Children's Services Office. For more general information on safeguarding go to: **[www.TheFA.com/Safeguarding](http://www.TheFA.com/Safeguarding)**